

# **Focusing-Oriented Art Therapy**

**By Laury Rappaport**



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Laury Rappaport is the author of Focusing-Oriented Art Therapy (4.42 avg rating, 12 ratings, 1 review, published 2008), Laury Rappaport s Followers

It was developed over a period of 30 years by Dr. Laury Rappaport, Ph.D, Mindfulness and the Art Therapies is a Focusing Arts Therapy

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Fishpond NZ, Focusing-Oriented Art Therapy: Accessing the Body's Wisdom and Creative Intelligence by Laury Rappaport. Buy Books online: Focusing-Oriented Art Therapy

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Laury Rappaport, Ph.D., She is the author of Focusing-Oriented Art Therapy: Part V. Mindfulness and the Arts Therapies in Education and Training.

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Ph.D. is the author of Focusing-Oriented Art Therapy: Laury Rappaport offers 7-guided Focusing exercises based on the work of renowned psychologist Eugene

Focusing provides an effective way of listening to the innate wisdom of the body, while art therapy harnesses and activates creative intelligence.

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May 13, 2015 La ury Rappaport, Ph.D, MFT, ATR-BC, REAT, and Certifying Focusing Coordinator, pioneered and developed the creation of Focusing-Oriented Art Therapy (FOAT

the practice of art therapy. Dr. Laury Rappaport developed Laury is an Associate Professor in the Art Therapy of Focusing-oriented art therapy:

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